

KIT COMPONENTS

Component	Amount
96-well plate pre-coated with anti-rat IL-18 antibody	1 Plate
Protein Standard: Lyophilized recombinant rat IL-18	2 tubes, 10 ng/tube
Sample Diluent Buffer	30 ml
Biotinylated Antibody (Anti-rat IL-18)	130 µl (100x)
Antibody Diluent Buffer	12ml
Avidin-Biotin-Peroxidase Complex (ABC) Solution	130 µl (100x)
ABC Diluent Buffer	12 ml
Tetramethylbenzidine (TMB) Color Developing Agent	10 ml
TMB Stop Solution	10 ml

Storage

Store at 4°C. Cell Applications, Inc. recommends using the kit within 6 months of order.

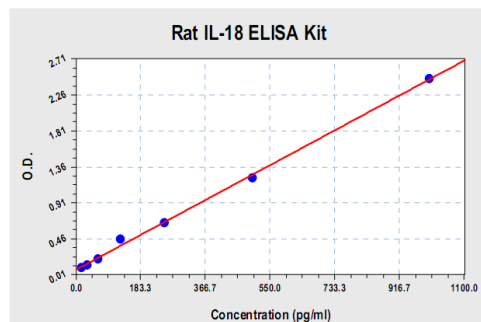


Figure 1: IL-18 Standard Curve. Using the Rat IL-18 ELISA Kit, O.D. data was graphed against IL-18 protein concentration. The TMB reaction was incubated at 37°C for 17 min.

BACKGROUND

IL-18 is a member of the interleukin (IL)-1 family, with profound effects on T-cell activation. IL-18 has potent immunomodulatory effects. It is the only cytokine with a unique capacity to induce T helper 1 or T helper 2 polarizations, depending on the immunologic context. Formerly called interferon (IFN) gamma inducing factor (IGIF), IL-18 is the new name of a novel cytokine that plays an important role in the T-cell-helper type 1 (Th1) response, primarily by its ability to induce IFN γ production in T cells and natural killer (NK) cells.¹ IL-18 is synthesized as a biologically inactive precursor molecule lacking a signal peptide which requires cleavage into an active, mature molecule by the intracellular cysteine protease called IL-1 β -converting enzyme (ICE, also called caspase-1). The activity of mature IL-18 is closely related to that of IL-1. IL-18 induces gene expression and synthesis of tumor necrosis factor (TNF), IL-1, Fas ligand, and several chemokines. The activity of IL-18 is via an IL-18 receptor (IL-18R) complex. This IL-18R complex is made up of a binding chain termed IL-18R α , a member of the IL-1 receptor family previously identified as the IL-1 receptor-related protein (IL-1Rrp), and a signaling chain, also a member of the IL-1R family. The IL-18R complex recruits the IL-1R-activating kinase (IRAK) and TNFR-associated factor-6 (TRAF-6) which phosphorylates nuclear factor kappaB (NFkappaB)-inducing kinase (NIK) with subsequent activation of NFkappaB.² Similar to IL-1, IL-18 participates in both innate and acquired immunity. There are several indications that IL-18 plays a pathogenetically important role in chronic inflammatory conditions of epithelial organs (such as skin, gut, kidney) and importantly also in responses against self. Increased levels of IL-18 can be detected in biological fluids and organs of individuals affected by several autoimmune pathologies, as well as in autoimmune animal models. Unexpectedly, IL-18 plays a role in appetite control and the development of obesity. Moreover the metabolic syndrome is thought to be associated with a chronic low-grade inflammation, and a growing body of evidence suggests that IL-18 might be closely related to the metabolic syndrome and its consequences.³ The IL-18-binding protein, a naturally occurring, specific inhibitor of IL-18, neutralizes IL-18 activities and has been shown to be safe in patients.⁴

References

- Reddy, P.: Curr. Opin. Hematol. 11:405-10, 2004
- Dinarelli, C.A.: Semin. Nephrol. 27:98-114, 2007
- Trøseid, M. et al: Cardiovasc. Diabetol. 9:11, 2010
- Dinarelli, C.A. et al: J. Leukoc. Biol. 63:658-64, 1998

ELISA OVERVIEW

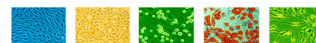
Cell Applications ELISA Kits are based on standard sandwich enzyme-linked immunosorbent assay technology. Freshly prepared standards, samples, and solutions are recommended for best results.

1. Prepare test samples.
2. Prepare a protein standard of the target protein.
3. Add test samples and standards to the pre-coated 96-well plate. Do not wash.
4. Add biotinylated detection antibodies. Wash.
5. Add Avidin-Biotin-Peroxidase Complex (ABC) Solution. Wash.
6. Add Tetramethylbenzidine (TMB) Color Developing Agent, containing HRP substrate.
7. Add TMB Stop Solution
8. Subject the plate to analysis.

NOTES:

- Before using the kit, quick spin tubes to bring down all solution to the bottom of tube.
- Duplicate assay wells are recommended for both standard and sample testing.
- Do not let the 96-well plate dry, this will lead to inactivation of plate components.
- When diluting samples and reagents, ensure that they are mixed completely and evenly.
- Pre-warm diluted ABC and TMB solutions at 37°C for 30 min before use to avoid variable temperature effects.
- For washes, use TBS or PBS. Do not touch well walls.
- A protein standard is included in the kit. A protein standard detection curve should be generated with each experiment, no more than 2 hours prior to the experiment.
- The user will determine sample dilution fold by estimation of target protein amount in samples.

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ELISA PROTOCOL

Preparation of Test Samples

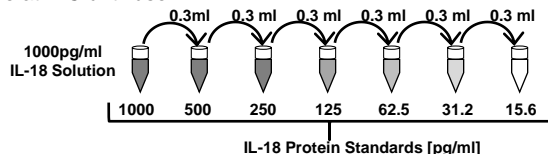
- Process Test Samples in the following manner:
 - Cell culture supernate, tissue lysate or body fluids:** Remove particulates by centrifugation, analyze immediately or aliquot and store at -20° C.
 - Serum:** Allow the serum to clot in a serum separator tube (about 30 min) at room temperature. Centrifuge at approximately 1000 X g for 15 min. Analyze the serum immediately or aliquot and store frozen at -20°C.
 - Plasma:** Collect plasma using heparin, EDTA or citrate as an anticoagulant. Centrifuge for 15 min at 1000 x g at 2-8°C within 30 min of collection. Analyze immediately or aliquot and store frozen at -20°C.
- Estimate the concentration of the target protein in the sample and select a proper dilution factor such that the diluted target protein concentration falls within the 15.6-1000 pg/ml standard curve range. Depending on the sample, several trial dilutions may be necessary. Dilute the sample using the provided diluent buffer, mixing well. Suggested working dilutions of samples are as follows:

Target Protein Concentration Range	Sample Working Dilution	Sample Vol.	Diluent Buffer Vol.
10-100 ng/ml	1:100	1 µl	99 µl
1-10 ng/ml	1:10	10 µl	90 µl
15.6-1000 pg/ml	1:2	50 µl	50 µl
≤15.6 pg/ml	n/a	100µl	n/a

- If samples will be assayed within 24 hours, store at 2-8°C. For long-term storage, aliquot and freeze samples at -20°C. Avoid repeated freeze-thaw cycles.

Preparation of Standard Solutions (15.6-1000 pg/ml)

- Reconstitute the Lypophilized Recombinant Protein to make a 10,000 pg/ml IL-18 solution. Add 1 ml Sample Diluent Buffer to a tube of lypophilized protein, keep the tube at room temperature for 10 min. Mix thoroughly.
- Aliquot 0.9 ml of the Sample Diluent Buffer to an eppendorf tube, and label as 1000 pg/ml Protein Standard.
- Add 0.1 ml of the mixed 10,000 pg/ml IL-18 solution to the eppendorf tube containing 0.9 ml diluent buffer and mix to make a 1000 pg/ml IL-18 solution.
- Label 6 eppendorf tubes with the IL-18 protein concentrations to be prepared by serial dilution: 500pg/ml, 250 pg/ml, 125 pg/ml, 62.5pg/ml, 31.2pg/ml, 15.6pg/ml.
- Aliquot 0.3 ml of the Sample Diluent Buffer to the labeled tubes.
- Serially dilute the protein standards into their respectively labeled tubes. Transfer 0.3 ml from the 1000pg/ml IL-18 Solution to the 500pg/ml eppendorf tube and mix thoroughly. Transfer 0.3 ml of the 500 pg/ml solution to the 250pg/ml tube and mix thoroughly, Transfer 0.3 ml of the 250pg/ml solution to the 125pg/ml tube and mix, and so on to make the 62.5, 31.2, and 15.6 pg/ml solutions.
- Store at 4°C until use.



•Loading the 96-well Plate

- Aliquot 0.1 ml of the sample diluent buffer into a control well to serve as the Blank. This will yield the O.D.450(Blank) reading.
- Aliquot 0.1 ml of the standard solutions of the **Preparation of Standard Solutions** (15.6-1000 pg/ml) into empty wells of the precoated 96-well plate. Duplicate measurements of standards are recommended.

- Aliquot 0.1 ml of each properly diluted test sample to empty wells prepared in **Step 2**. Duplicate measurements of each test sample are recommended.
- Cover the 96-well plate and incubate at 37°C for 90 min.
- During the **Step 14** incubation period, prepare a stock of Biotinylated 1:100 Antibody Working Solution. Count the number of reactions and multiply by 0.1 ml/well for the Working Solution total volume (preparation of 1-2 reactions in excess of the number of wells is recommended). Dilute the Biotinylated Antibody to 1:100 in Antibody Diluent Buffer and mix thoroughly. Use the working solution within 2 hours.
- Upon completion of the 90 min incubation of **Step 14**, remove the cover of the 96 well plate and discard plate well contents. Blot the plate onto paper towels or other absorbent material. DO NOT let the wells completely dry at any time.
- Add 0.1 ml of the Biotinylated 1:100 Antibody Working Solution (prepared in **Step 15**) to each well and incubate the plate at 37°C for 60 min.
- During the incubation period of **Step 17**, prepare a stock of ABC Working Solution. Count the number of reactions and multiply by 0.1 ml/well for the Working Solution total volume (preparation of 1-2 reactions in excess of the number of wells is recommended). Dilute the ABC Stock Solution to 1:100 in ABC Diluent Buffer and mix thoroughly. Pre-warm the ABC working solution at 37°C for 30 min before use. Use the working solution within 1 hour.
- Upon completion of the 60 min incubation of **Step 17**, wash the plate 3 times with 0.3 ml TBS or PBS. For each wash, leave washing buffer in the wells for 1-2 min. Discard the washing buffer and blot the plate onto paper towels or other absorbent material.
- Add 0.1 ml of prepared ABC Working Solution (prepared in **Step 18**) to each well and incubate the plate at 37°C for 30 min.
- During the incubation period of **Step 20**, pre-warm TMB Color Developing Agent at 37°C for 30 min before use.
- Upon completion of the 30 min incubation of **Step 20**, wash the plate 5 times with 0.3 ml TBS or PBS. For each wash, leave the washing buffer in the wells for 1-2 min. Discard the washing buffer and blot the plate onto paper towels or other absorbent material.
- Add 90 µl of the pre-warmed TMB Color Developing Agent into each well and incubate at 37°C for 15-20 min (shades of blue can be seen in the wells with the four most concentrated Protein Standard Solutions; the other control wells should show no obvious color).
- Add 0.1 ml of the TMB Stop Solution to each well. The acidic stop solution will change the mixture color to yellow. The yellow intensity is proportional to the amount of target protein captured by the plate.
- Read the O.D. absorbance at 450nm in a microplate reader within 30 min after adding the stop solution. These readings are the O.D.450(Reading).

Calculating Protein Concentration

- For all wells, determine O.D.450(Relative):

$$O.D.450(Relative) = O.D.450(Reading) - O.D.450(Blank)$$
- Plot the standard curve: plot O.D.450(Relative) of each standard solution (Y) vs. the respective concentration of the standard solution (X). See **Figure 1** for a typical standard curve.
- The IL-18 concentration of the samples can be interpolated from the standard curve. Multiply the interpolated concentration by the dilution factor to obtain the target protein concentration in the sample.

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